

We take $x \geq T \geq 1$ and we wish to bound

$$\sum_{\frac{x}{e} < n < ex} \frac{1}{\max(1, T |\log \frac{x}{n}|)}.$$

We split $\sum_{\frac{x}{e} < n < ex}$ as $\sum_{\frac{x}{e} < n < xe^{-\frac{1}{T}}} + \sum_{xe^{-\frac{1}{T}} \leq n \leq xe^{\frac{1}{T}}} + \sum_{xe^{\frac{1}{T}} < n < ex$. On the first range, $\frac{1}{T \log \frac{x}{n}}$ is increasing and each term is bounded by 1, so the sum is at most

$$1 + \int_{x/e}^{xe^{-\frac{1}{T}}} \frac{dt}{T \log \frac{x}{t}} = 1 + \int_{1/T}^1 \frac{xe^{-u}}{Tu} du \leq 1 + \frac{x}{T} \int_{1/T}^1 \frac{du}{u} = 1 + \frac{x \log T}{T} \ll \frac{x \log x}{T},$$

and similarly for the third range. For the middle range we use the trivial estimate

$$\sum_{xe^{-\frac{1}{T}} \leq n \leq xe^{\frac{1}{T}}} 1 \leq x \left(e^{\frac{1}{T}} - e^{-\frac{1}{T}} \right) + 1 = 2x \sinh(T^{-1}) + 1 \ll \frac{x}{T}.$$